**English worksheet- September 2023 ( Class: IX, X )**

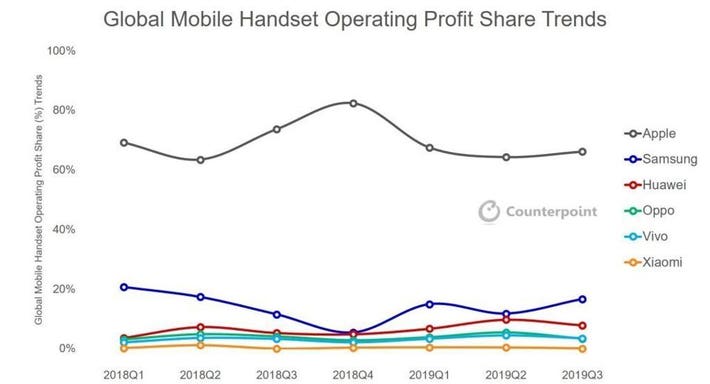
**I.)Read the passage given below and answer the questions that follow:**

1. Meditation has become a mainstream activity in many parts of the world. Though the main reason to meditate is for spiritual awareness, there are additional benefits from learning to focus our attention within.  
  
One of these is the healing it brings about in our physical bodies. Over the past few decades, doctors and scientists have been studying the body-mind connection and its relationship to physical health. Medical  
  
research has indicated a link between certain illnesses and our state of mind and emotional condition.  
  
2. It has been found that when we undergo mental stress, emotional pain or depression, our physical resistance to disease drops. We become more susceptible to catching a disease because our ability to keep our immune system in top working order decreases.  
  
3. Science has pinpointed that certain diseases such as digestive problems, breathing problems, heart disease, and migraine headaches, to name a few, may sometimes be caused due to stress. Thus, we arrive  
at the possibility that by reducing stress in our lives, we can improve our physical health and well-being.  
  
4. To begin to explore this possibility, it is imperative to understand the root cause of stress in our lives. In this hectic and fast-paced world, we are constantly being bombarded with information, and stimuli.  
  
5. Life has become increasingly complicated. With competing priorities, family and social obligations,increasing responsibilities, and looming deadlines, people seem to have too much to do and not enough time to do it. We hold jobs that require long hours and too much responsibility.  
  
6. Medical research has shown that meditation, the process of taking our attention away from the stresses and strains of the outer world, and focusing it within ourselves, can help reduce stress in our lives. In  
  
doing so, it can reduce our chances of developing a stress-related illness.  
  
7. When we meditate on the inner light and sound of God, we come in contact with God’s love within us, which fills us with inner peace, joy, bliss and happiness. This experience takes our attention away from the stresses and pains of the outer world. As we spend time in meditation, we create a calm haven in which we restore equilibrium and peace to our mental functioning.  
  
8. Researchers have recorded that the brain activity in people who meditate reflects a state of deep relaxation. Their mind becomes calmer. The tranquil effect of meditation lasts beyond the time spent in meditation.  
The carry-over effect helps us maintain peace of mind as we continue our activities throughout the day.

9. We become more in control of our reactions and maintain an even keel in the face of conflict, or in the midst of turmoil and strife. It also gives us a private retreat of bliss and peace within us that we can retreat to anytime we wish. This refuge helps take our attention away from the pains of the world and gives us another mechanism by which we can reduce stress in our lives.  
  
**i. Why has meditation become a mainstream activity in many parts of the world?**  
  
(a) Because it helps us maintain peace of mind  
  
(b) Because it gives us a private retreat of bliss and peace  
  
(c) Because it reduces our chances of developing a stress-related illness  
  
(d) All of these  
  
ii. Select the option that displays what the writer projects, with reference to the following :  
  
Researchers have recorded that the brain activity in people who meditate reflects a state of deep relaxation.  
  
(Paragraph 8)  
  
(a) Reflection (b) Meditation  
  
(c) Vexation (d) Both (a) and (c)  
  
**iii. Discuss the main objectives of meditation.  
  
iv. Based on your reading of the passage, list two reasons why the writer says that :  
  
We become more in control of our reactions and maintain an even keel in the face of conflict, or in the  
  
midst of turmoil and strife. (Paragraph 9)  
  
v. What are the findings of doctors and scientists about meditation?  
  
vi. What are the ill-effects of stress according to the passage you have read above?  
  
vii. Supply 1 point to justify the following :**  
We become more susceptible to catching a disease because our ability to keep our immune system in top  
  
working order decreases.  
  
**viii. How does meditation relieve us from stress? Answer the question with reference to paragraph 6.  
  
ix. Select the option that displays what happens when we come in contact with God’s love**.  
  
(a) It fills us with the feeling of resurrection.  
  
(b) It fills us with the feeling of pessimism.  
  
(c) It fills us with inner peace, joy, bliss and happiness.  
  
(d) It fills us with the feeling of prejudice and parochialism.  
  
**x. How are the people who meditate significantly different from others?​**

**II. Read the passage carefully and answer the questions that follow:**

1. Overall global handset profits declined 11% YoY to USD 12 billion in *Q*3 2019 due to an increased mix of entry to mid-tier products and a fall in revenues for key smartphone OEMs.



2. Apple dominates the global handset market by capturing 66% of industry 6 profits and 3220 of the overall handset revenue. The loyal premium user base in the major markets like the USA. EU and Japan is one of the reasons that Apple can still operate at a profit level that its competitors can only wish for. Now with a strong service strategy, Apple's overall ecosystem is strong enough to guarantee it a steady inflow of revenue in the coming years. In the immediate future, we believe that Apple's profit for the holiday season will increase with the new line up of iPhones gaining good traction.

3. Samsung is a distant second, taking 17% of the overall handset Industry profits. The increased mix of Galaxy A Series along with the positive start of Galaxy Note 10 Series was the key reason for the growth.

4. Chinese smartphone brands operate at low-profit margins, but better than in previous years, even though they are expanding outside China and also penetrating high-tier price bands. Chinese brands offer attractive propositions to mature smartphone users with new feature-packed flagships at affordable prices. Some of these Chinese brands are also now looking at monetizing their user base by launching services like financial services, IoT products and others. However, it is becoming a challenge for Chinese brands to increase their smartphone ASPs and margins due to a combination of longer consumer holding periods and Apple lowering pricing on some key SKUs, which has limited the headroom that Chinese vendors had used to increase their ASPs.

5. In the coming quarters, the adoption of 5G will drive some upgrades. This will likely lead to revenue growth for OEMs which are already preparing themselves ahead of full 5G commercialisation.

**Based on your understanding of the passage, answer the questions given below.**

1. **Infer one reason for the following, based on the information given in paragraph 1**.

Overall global handset profits declined 11% YoY to USD 12 billion in Q3 2019.

ii. Select the appropriate option to fill in the blank. From paragraph 2, we can infer that \_\_\_\_\_\_\_\_\_\_ is one of the reasons why Apple can still operate at a profit level.

(a) loyal premium user base in the major markets

(b) revenue growth for OEMs

(c) positive start of Galaxy Note 10 Series

(d) Apple’s overall ecosystem

iii. Complete the following analogy correctly with a word/ phrase from paragraph 2.

expunge: abolish :: \_\_\_\_\_: income

iv. Select the correct option to complete the following sentence:

Chinese smartphone brands operate at low-profit margins and are \_\_\_\_\_ outside China. (Paragraph 4)

(a) deteriorating

(b) expanding

(c) reducing

(d) excelling

v. What are the overall global handset profits decline in 2019?

vi. Fill in the blank by selecting the correct option. The adoption of 5G in the coming quarters will likely lead to \_\_\_\_\_\_\_\_\_\_\_\_\_\_ for OEMs.

(a) revenue growth

(b) operate at low-profit margins

(c) become a challenge for Chinese brands

(d) increase their ASPs

vii. Substitute the word ‘concept’ with ONE WORD similar in meaning, in the following, sentence from paragraph 4.

The new theory rejects the basic concept that humans evolved from apes.

viii. List any two reasons as reflected for the handset profits decline in Q3 2019. ix. List one reason why the writer says Samsung will be at number 2.

x. Select a reason that displays a challenge for Chinese brands.

(a) To increase their smartphone ASPs and margins

(b) To guarantee a steady inflow of revenue

(c) To gain good traction

(d) To lower the profit margins

**II. GRAMMAR**

Answer the following questions

1. Fill in the blank by choosing the correct option to complete an online update.

A new understanding of the fundamental connection between mind and body explains phenomena such as phantom limbs, and \_\_\_\_\_ surprising implications. (a) have (b) are (c) is (d) has

1. Read the conversation between Sudhir and Riya. Complete the sentence by reporting Riya’s reply correctly.

Sudhir : Riya, what is the reporting time for photoshoot tomorrow?

Riya : I have no clue as I was not there during the briefing.

Sudhir asked Riya what was the reporting time for the photoshoot the following day. In response to his question, Riya answered that \_\_\_\_\_.

iii. Select the correct option to fill in the blank for the given line, from a magazine. When our cherished ideas are contradicted by the facts, we \_\_\_\_\_\_ avoid the human tendency to double down on those ideas.

1. must (b) need (c) can (d) could
2. Select the option that identifies the error and supplies the correction for the following line, from a news report.

As per the report, India will allowed food processors to import duty-free wheat against a commitment to export flour.

|  |  |  |
| --- | --- | --- |
| OPTION NO. | ERROR | CORRECTIONa |
| a | the | a |
| b | will | would |
| c | allowed | allow |
| d | against | for |

v. Complete the given narrative, by filling in the blank with the correct option :

The two parks in our locality have virtually \_\_\_\_\_ over by undesirable elements. (a) been taking (b) take (c) taken (d) been taken

vi.Fill in the blank by using the correct form of the word in the bracket, for the given portion of a letter.

Subject : Request for kind perusal

Dear Sir

This is to respectfully submit that the students of Agatha House \_\_\_\_\_ (seek) approval for organising an Inter-house Rangoli Making ompetition to be undertaken by the house.

vii. Report the dialogue between a father and his son, by completing the sentence. Father : Why are you late from school, Amit?

Amit : While coming from school to bus stop, I slipped by stepping on a banana peel.

Father asked Amit \_\_\_\_\_ late from school. In response to the question, Amit replied that while coming from school to bus stop, he had slipped by stepping on a banana peel.

viii. Identify the error in the given sentence, from a school magazine report and supply the correction.

Exploring solutions to brought awareness about celebrating festivals without harming ecology was the second objective of the competition.

Use the given format for your response.

|  |  |
| --- | --- |
| Error | Correction |
|  |  |

ix. Ahmed shared some information with Anmol about his visit to a book fair. Report Anmol’s question. Did you buy any book from the fair?

x. Fill in the blank by choosing the correct option, to complete the slogan by the Ministry for Child Welfare. \_\_\_\_\_ we ask our children to reject junk food?

a) Should (b) Shouldn’t (c) Can (d) Can’t

xi. Select the correct option to complete the narration of the dialogue between Sanskriti and her friend Pranika.

Sanskriti : I couldn’t find you on the school bus this morning. Did you miss the school bus?

Pranika : No, my dad was enroute to the school. So, he offered me to drop me to the school.

Sanskriti told Pranika that she couldn’t see her on the school bus that morning and further asked \_\_\_\_\_. In response to her question, Pranika replied that her father was enroute to the school and offered her to drop her to the school.

(a) that if she had missed the school bus

(b) if she had missed the school bus

(c) that if she missed the school bus

(d) that if you had missed the school bus

xii. Identify the error on a shop’s hoarding and supply the correction, for the following sales offer.

SUPER SAVER DEALS !!! With Mom and Me Super Saver Days Offers, got discounts on daily essentials, personal care, baby care, fashion, kitchen & dining, nutrition, and more.

Use the given format for your response.

|  |  |
| --- | --- |
| ERROR | CORRECTION |
|  |  |